

Help Me Worship

Nathan Zwald

Can't find the strength to stand up or lift up my hands
Lord though I want to
Everyone around rejoicing in Your grace
Yet I'm quiet and I'm empty
Have I somehow fallen short
Somehow missed the moment when Your spirit entered in
Sitting here feeling trapped inside myself
I pray break these chains that I may praise again

Help me worship in spite of myself
I long to see Your glory
To see you and no one else
Won't You help me worship in spite of myself
That I may give the glory
To You and not myself

This one-track mind so focused on myself
Instead of You Lord please forgive me
Hands of lead and feet of stone
Made heavy by distraction and the cares of my world
Help my spirit to rise up
Above my frustration with this hardened heart
Set aflame these ties that hold me down
Then immerse me in Your presence how I long to enter in